"MOWDEN MATTERS"



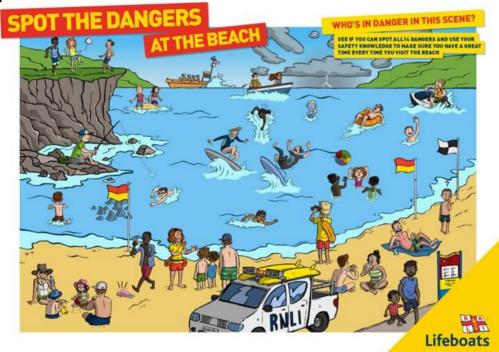
The definitive guide to Pastoral Matters at Mowden Hall School

Dec '22

This month is a bit more interactive so hopefully the children can read this edition. I wanted to focus on the various different whole-school assemblies that have taken place this half term, as well as some books you may find useful to read, should you wish! The children will hopefully remember at least some of the stories and be able to explain what the images mean. I also want to raise the profile of Nurse Laura, who not only does an incredible job as School Nurse, but is also our Mental Health Lead too.

I wish everyone an enjoyable festive break and look forward to seeing the children back in school in 2023.

Mr P. Sturt



Following recent events, we spoke to the school about playing on or near frozen lakes, so thought this could be a useful activity - what are the risks at the beach in the image to the left? (Click on it to go to the RNLI learning resources page too.)

Click the RNLI logo above to watch a short video on water safety too.



A note to the children...

My name is Nurse Laura and I am the School Nurse and Mental Health Lead at Mowden Hall School.

This means that I can help you to look after your body and your mind.

Mental health affects how we think, feel and behave.

If you are having big feelings that are difficult to manage or your brain feels too busy or your body feels all out of sorts - I can help.

I'm here to listen, please come and see me and we can work things out together!

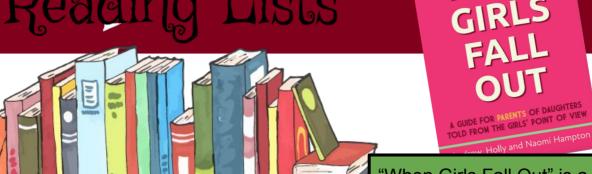


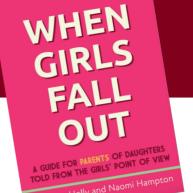






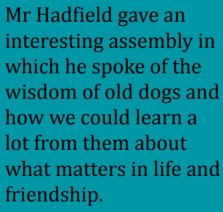
Reading Lists





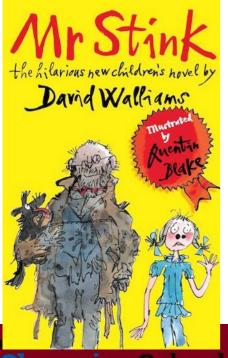


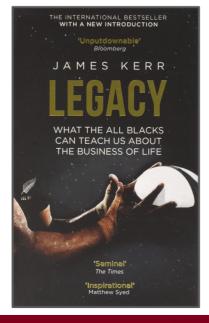
"When Girls Fall Out" is a short book that I have been reading that has opened my eyes to behaviour management for young girls. It gives a useful insight into conflict resolution and will hopefully prove to be useful tool both in school but also at home too - I would recommend it to any parent!











In a series of assemblies on values and friendship, these were all spoken about. I wonder if any of the children can explain the important messages that came out of these images or books?

Coming next month...









